

KFAST NCH ICH

HAVE AN UPCOMING **EVENT? CONTACT US!**

Text (201) 245-8795 or (917) 374-7447

103 Miln Street, Cranford, NJ 07016 (908) 956-0442

SALADS

CAESAR • 12.95

Organic romaine lettuce tossed with crunchy croutons, freshly grated parmesan cheese & creamy Caesar

GREEK • 13.95

Organic spring mix topped with organic cucumbers & tomatoes plus kalamata olives, red onion & Greek feta with a light vinaigrette

MIXED GREENS • 13.95

Organic spring mix topped with organic cucumbers & tomatoes plus pumpkin seeds & pistachios with a tangy balsamic vinaigrette



EGG-XELLENT • 14.95

A hearty mix of grilled chicken, bacon, avocado, bleu cheese, hard-boiled eggs & tomatoes on a bed of romaine

TROPICAL • 14.95

A refreshing combination of creamy burrata cheese, pears, sliced strawberries & a medley of tomatoes over fresh arugula served with a side of toasted naan bread

ROMEO & JULIET • 14.95

Crisp lettuce topped with pulled chicken mixed with mayo, raisins & almonds plus juicy orange slices, apple & caramelized walnuts with a sweet strawberry vinaigrette

BURRITOS your choice 12.95

CHICKEN

Grilled chicken, cheese, sautéed peppers & onion with a smoky chipotle sauce

VEGAN

Savory vegan sausage, vegan cheese, sautéed mushrooms & fresh spinach

BREAKFAST

Two free-range eggs, sausage, cheddar, home fries, avocado, peppers, red onion & chipotle sauce



ADD-ONS & SIDES

EGG • 3 **AVOCADO • 3.75** BACON • 4 CHICKEN • 6 SAUSAGE • 4 FRENCH FRIES • 5

HOME FRIES • Small 3 • Large 5

SWEET TREATS

CHURROS • 5.50

PASSIONFRUIT CHEESECAKE • 5.50

CHOLADO • 7.99

STRAWBERRIES & CREAM • 6.95

MERENGON • 8.50

OBLEAS • One flavor 3 • Everything 7





SANDWICHES Served with chips

PRESSED GRILLED CHEESE • 11.95 With NY muenster & provolone

ROASTED HAM & CHEESE • 12.95

Ham with NY muenster, provolone & chipotle sauce

AVOCADO TOAST • 14.95

Organic avocado & mixed greens with olive oil

EGG & AVOCADO TOAST * Half 9.95 * Full 12.95 Organic avocado, almonds, tomato & eggs

TURKEY CLUB • 14.95

Roasted turkey, hickory smoked bacon, avocado, NY muenster, spring mix, tomato, red onion & chipotle mayo

VEGGIE • 14.95

Organic roasted peppers & spinach plus kalamata olives, red onion, Greek feta & olive oil

GRILLED CHICKEN • 14.95

Organic grilled chicken, greens, cucumber & tomato with red onion & chipotle mayo

CHICKEN TENDERS & FRIES • 14.95

Organic chicken tenders & skin-on fries with choice of sweet chili, chipotle, buffalo or BBQ sauce

TUNA • 14.95

Wild abacore with organic greens, tomato & olive oil

CUBAN • 14.95

Roasted pork & ham with NY Swiss cheese, pickles & mustard

SMOKED SALMON * 16.95

Kosher smoked salmon with organic spinach & cucumber plus red onion, cream cheese & dill



PICK ONE FROM EACH SIDE • 12.99

FRIEND 1

Hot dog & fries Chicken & fries Churros with dipping sauce

-OR-

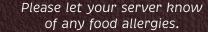
Mini pancakes with fruit & syrup

FRIEND 2

Orange Juice Chocolate Milk Lemonade

Coffee -OR-

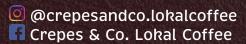
Smoothie (strawberry, passionfruit, mixed berry or mango)





BREAL BRU





EGG SANDWICHES

EGG & CHEESE • 8.95

Two free-range eggs with NY cheddar

BACON, EGG & CHEESE • 9.95

Two free-range eggs with NY cheddar & hickory smoked bacon

AVOCADO, EGG & CHEESE • 10.95 Two free-range eggs with NY cheddar & organic

avocado SAUSAGE, EGG & CHEESE • 9.95

Two free-range eggs with NY cheddar, sausage & chipotle sauce

VEGAN SAUSAGE, EGG & CHEESE • 12.95 Vegan egg, vegan cheddar & vegan sausage

OMELETS Served with toast

CHEESE • 14.95

Three free-range eggs with choice of NY cheddar, feta, Swiss or provolone

HAM, SAUSAGE OR BACON & CHEESE • 15.95

Three free-range eggs with NY cheddar & choice of ham, sausage or hickory smoked bacon

SPINACH & FETA • 15.95

Three free-range eggs with organic spinach & feta

SPICY VEGGIE & BEANS • 16.95 Three free-range

eggs with black & kidney beans plus organic kale, spinach, corn & red peppers topped with sriracha sauce

FRUIT CUPS & BOWLS

FRUIT CUP • Small 6.95 • Large 9.95 Organic blueberries, blackberries & raspberries with wildflower honey

PARFAIT • Small 6.95 • Large 9.95 Organic granola, vanilla yogurt, almonds, raisins, blueberries, blackberries & raspberries with wildflower honey

REGULAR FRUIT BOWL • 12.95

Blueberries, blackberries, raspberries, pineapple, mango, melon & kiwi with wildflower honey

SPECIAL FRUIT BOWL • 14.95 Same fruits as above plus ice cream, cheese, nata, guava sauce & wafer

BERRIES & OATS BOWL 9.95

Hot organic oatmeal with almonds, blueberries, blackberries, raspberries & wildflower honey

AÇAÍ BOWL 9.95

Organic açaí & granola topped with almonds & raisins plus organic blueberries, blackberries & raspberries with wildflower honey

BREAKFAST SPECIALS

Daily until 11am!

Bacon or sausage, egg & cheese sandwich plus a small drip coffee

SPECIAL #2 • 9.95

pancakes, toast or croissant, plus a cup of fruit & coffee or orange juice



SWEET CRÊPES

GOLDEN CLOUD

A decadent crêpe filled with velvety dulce de leche, chantilly cream & juicy apricots topped with crisp meringue for a delightful crunch

BERRY BLISS

A heavenly crêpe filled with a mix of sweet fresh berries, rich dulce de leche, chantilly cream & a sprinkle of grated mozzarella

EMERALD LUXE

An opulent Dubai-style crêpe infused with ground pistachios, filled with pistachio cream & topped with rich, silky Dubai chocolate

TRADITIONAL NUTELLA

The perfect trio: sweet crêpe with fresh strawberries & banana plus a generous spread of Nutella

FIESTA

Craft your own with your choice of one fruit (strawberries, banana or blueberry), two sauces (chocolate, caramel or vanilla) & two toppings (crushed KitKats, marshmallows, gummy bears, meringue or macarons)

WAFFLES

syrup & whipped cream

Powdered sugar, Vermont maple

PLAIN • 14.95

BERRIES &

blackberries &

vanilla cream,

raspberries plus

powdered sugar,

Vermont maple

syrup & whipped

PANCAKES

syrup & whipped cream

Mini **12** • Regular **15.95**

& chocolate drizzle

DANISH • 4.50

MUFFIN • 3

CROISSANT • 4.50

BANANA BREAD • 4.50

PLAIN Mini 10 Regular 14.95

CHOCOLATE CHIP BANANA

BLUEBERRY • Mini 12 • Regular 15.95

sugar, Vermont maple syrup & whipped cream

Three pancakes with powdered sugar, Vermont maple

STRAWBERRY BANANA Mini 12 Regular 15.95

Three pancakes with organic strawberries & bananas plus

powdered sugar, Vermont maple syrup & whipped cream

Three pancakes with organic chocolate & banana plus

powdered sugar, Vermont maple syrup, whipped cream

Three pancakes with organic blueberries, powdered

cream

CREAM • 15.95

Organic blueberries,

SAVORY CRÊPES

CAPRESE

A delicate crêpe stuffed with fresh, creamy burratta cheese, tomatoes & Genovese basil pesto drizzled with olive oil & herbs

BÉCHAMEL POULET

An indulgent crêpe filled with tender chicken & sautéed mushrooms in béchamel sauce

HAWAIIAN-ITALIAN

A unique fusion of sweet & salty featuring tender ham, juicy pineapple & creamy mozzarella wrapped in a delicate crêpe and drizzled with our signature tangy pink sauce

SAVORY GARDEN

A wholesome blend of earthy & fresh flavors including fluffy eggs, tender sautéed spinach, cherry tomatoes, fresh mushrooms & crumbled feta

HARMONY

A gourmet crêpe with a bold blend of flavors filled with fresh apple drizzled with honey & gorgonzola cheese then topped with crispy walnuts

FRENCH TOAST

PLAIN • 14.95

Powdered sugar, Vermont maple syrup & whipped cream

BERRIES & CREAM * 15.95

Organic blueberries, blackberries & raspberries with vanilla cream, powdered sugar, Vermont maple syrup & whipped cream

STRAWBERRY BANANA • 15.95

Organic strawberries & bananas with powdered sugar, Vermont maple syrup & whipped cream

MANGO TANGO LEMONADE

A smooth & silky mix of mango, condensed milk, zesty lemon juice & coconut cream

STRAWBERRY ISLAND BLISS

A dreamy fusion of ripe strawberries, condensed milk, lemon juice & evaporated milk

A tropical delight with strawberry, pineapple,

MATCHA & CO

with real matcha & your choice of pineapple, strawberry, passionfruit or mango

COCONUT

A refreshing blend of tangy lemon zest, condensed milk & coconut cream served over ice or as a slushy

tradition with coconut cream with a touch of over ice

COFFEE

HOT	12 oz.	16 oz.	
DRIP	2.50	3.50	
LATTE	5.50	6.50	
CAPPUCCINO	5.50	6.50	
MACCHIATO	5.50	6.50	
POUR-OVER	5.50	6.50	
AMERICANO	5.50	6.50	
ESPRESSO	Single 4.00	Double 5.00	

COLD 16 oz.

ICED 5.50 COLD BREW 6.50 MATCHA 6.50

NON-DAIRY MILKS

SOY ALMOND OAT

LAVENDER TATE'S COOKIE (+\$1) VANILLA **BROWN SUGAR**

MACADAMIA

FLAVORS

CARAMEL

HAZELNUT

MAPLE

MOCHA

PISTACHIO

IRISH CREAM

RASBPERRY

MOCHA

TEA & HOT CHOCOLATE

Pot Cup 6.50 JAPANESE GREEN 2.50 **CROATIAN CHAMOMILE** 2.50 6.50 **IRISH BREAKFAST** 5.50 6.50 5.50 6.50 **MOROCCAN MINT** CHAI LATTE • 5.50

MATCHA LATTE Hot or iced • 6.50 **HOT CHOCOLATE • 6.50**

SMOOTHIES Your choice 8.95

FRUITY

JUICY GOJI

Organic banana, blackberry, blueberry, goji berry, raspberry & mango

SUNBURST Organic pineapple,

mango & orange BANANA Organic banana &

yogurt with cinnamon

& wildflower honey

CREAMY

Organic strawberry & banana with coconut milk

Organic pineapple,

mango & banana

TROPICAL Organic banana &

mango with coconut

REMEDY

Organic pineapple & spinach with ginger



PASTRIES

SPECIAL #1 • 9.95

Two eggs with bacon or sausage & choice of mini-



TROPICAL PASSIONFRUIT

A luscious & velvety blend of passionfruit with condensed & evaporated milks served over ice

YELLOW PINK PARADISE

banana, condensed milk & coconut cream over ice

A vibrant beverage made

LEMONADE

PIÑA LOLA A twist on

a tropical pineapple & rich evaporated milk



